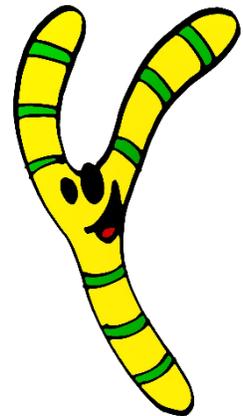


The Right Start Foundation

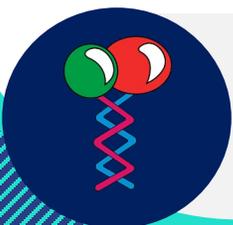
Supporting Families touched by DOWN Syndrome 21 Down Syndrome Resources - 2022

What is listed here?

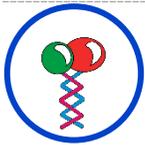
We here at the Right Start Foundation know how hard it can be sometimes to find the right resources for your children at any time, let alone when they have the various possible special needs that can come with Down Syndrome. So we have endeavoured to include some information here for you to read & maybe find useful – from games to apps to blogs to further information – hopefully you will find something useful inside. Enjoy.



"Love is acceptance, it comes from the heart. We all have the same purpose, Though not from the start"



Down Syndrome Resources - 2022



21 APPS –gives you some good app ideas to download for your family member with Down Syndrome, as well as why those apps may be helpful. It is very important to focus our attention helping children to lead a normal and happy life. And for this reason, we need to take advantage of the opportunities provided by the evolution of technology. These are from www.educationalappstore.com

1 - **Special Words** is an app that seeks to address deficiencies in expressive and receptive language in addition to attention, fine motor and hand-eye coordination skills. Special Words can be used by Teachers, therapists and parents to improve these skills.

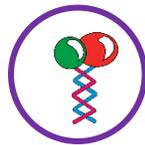


Special Words is an app that seeks to teach word recognition, spoken language, attention and listening skills, in addition to hand-eye coordination.

The app contains 96 words and pictures commonly used during early language development. Special Words can be used by parents, teachers, teaching assistants, speech & language therapists to enhance expressive and receptive language development.

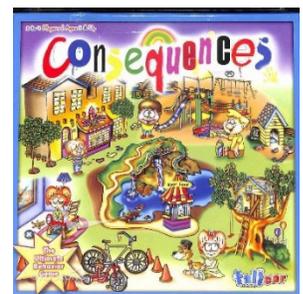
Devices: Android, iOS

2 - **InnerVoice Communication** allows for communication between young communicators, their families and their speech and language therapists. It is not as complex when compared with other apps during initial set-up and the use of multi-sensory strategies in combining visual and

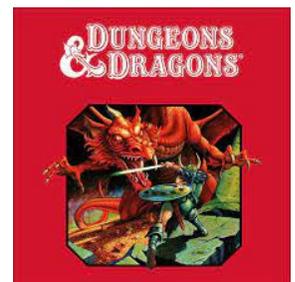


21 GAMES –gives you ideas on different games to play with your family member with Down Syndrome, as well as why they may be helpful & if suited to child or adult. Games are all about connection - with other people, with abstract ideas, with logical thinking. They can teach with fun what often takes years of skill-building in the classroom. That's why it's crucial that every child gets to play.

1 - **Consequences** is a simple board game involving a walk in the park and a slide down the slide and a visit to Waterland. With each turn the player draws a card and must choose between two options. Each choice has consequences, hence the name. The game is great for its logic, but also for the fun and for the blank cards that are included so parents or teachers can write their own tasks and results.



2 - **Role Playing Games.** Although it has had a chequered history in the media, role playing games are still massively popular & are having a re-surgence. These games might be over 40 years old but they are still enormously engaging. Dungeons and Dragons is the most well known & it teaches fantasy and role-playing better than any other. For any person with special needs, thinking figuratively can be tough. But this game draws you in and stretches the imagination in a way that makes you forget it's just a game.



auditory stimulation is wonderful. InnerVoice is a well thought out and informed design application and should always be considered when trialling with people with communication difficulties.

Devices: iOS

3 - **CommunicoTool 2** is a language and development application that gives a voice to children with speech disorders (Autism, Down syndrome).



The app offers a gallery of images, pictograms, and sounds to help the children express themselves and interact successfully with the world.

CommunicoTool 2 is an Augmentative and Alternative Communication (AAC) visual support application. The app is suitable for people who are non-verbal, have language delay or autism. A really useful app especially for children on the autism spectrum, CommunicoTool 2 gives children with language difficulties a voice.

Having a scheduling tool and timer are particularly useful features; not needing to leave the app for such features is a real plus point. Being unable to communicate basic wants and needs can be extremely frustrating and can lead to heightened anxiety and in some cases negative behavior. This app provides visual support to aid communication and minimize frustrations.

Devices: iOS

4 - **See and Learn Saying Words** teaching programs are designed to help children with Down syndrome learn early language, reading, speech, number and memory skills. This app helps putting 2 sounds together to saying words – three steps – based on order that initial sounds usually mastered but used based on individual child's sounds.



The See and Learn teaching programs support development in four key areas - speech, language

2b – **Limitless Heroics (Disability, Neurodiversity, Mental illness Mechanics for DnD)**. This role playing game (or RPG) gets a special mention in that it is the 1st RPG fully designed FOR those with special needs, BY people with special needs & allows you to create characters WITH special needs as specific abilities in-game. What this means is that you can create a character based on exactly your disability, but it allows that to become a powerful ability in the game to benefit your adventure. Researched & written by a wide variety of writers with various disabilities from Autism, to Down Syndrome, Chrones, being Blind, Deaf, missing a limb or being wheelchair bound – this RPG is astoundingly inclusive.



It has translations in a variety of languages, big-print versions, audio versions & more.

<https://wyrmpublishing.com/limitless-heroics-for-5e/>

3 - **Thinkfun Roll and Play Board Game**. This game is easy to play, despite limited language skills. It even adds in a little physical activity. The game comes with a big plush square with a different color on each side. Toss the square and draw a card from the pile in whatever color lands up. The cards teach colors, counting, animals, body parts, and emotions.



and reading, number and memory skills - through the early years and into primary school. They are designed to meet the additional learning needs of children with Down syndrome with practical, developmentally appropriate and individualized teaching activities.

Devices: Android, iOS

5 - **Otsimo** is an educational game application developed for children with ASD or learning difficulties. Children with autism are intended to be taught the basic knowledge through assistive games designed under the guidance of child psychologists and educators to providing them homeschool education. Otsimo provides the necessary education through games designed for kids with attention deficit and speech problems.

Devices: Android, iOS

6 - **Proloquo2Go** is an Augmentative & Alternative Communication (AAC) application for iPad and iPhone devices that can provide a voice for those with expressive and receptive language difficulties. From basic wants and needs to more complex sentences, Proloquo2go app is a viable communication tool for children and adults with autism, cerebral palsy, Down syndrome, apraxia, aphasia, or traumatic brain injury. Proloquo4Text is a text-based, AAC application designed for literate users. Proloquo2Go is one of the few AAC apps designed to support all users, from beginning to advanced. This lets someone develop from single words to full grammatical sentences in the same app.

Devices: iOS



4 – **Bananagrams** is useful because it's small and comes in a banana-shaped carrying case. The premise is simple: try to form as many words as you can from your tiles faster than anyone else. The best part—you get to yell "Bananas!" as loud as you can when all your tiles are gone. It's like Scrabble with less rules. This one lets your kids practice spelling without struggling to hold writing utensils—you just sort the letters and keep going.



5 – **Trouble** is another great game that teaches the effects of choices while working on colors and counting. The end goal is to move all four of your colored pieces from "Home" to "Finish." The best part of the game, however, is the Pop-o-Matic—the push button dice roller you get to punch each time your turn comes round. It might be more fun that the actual game.

6 - **Zingo!** is a Bingo variant that is great for both pre-readers and readers. It teaches matching, reading and language skills through picture cards. And this is another one that has a fun contraption. The "zinger" shoots out the cards.





7 – **Let Me Talk** is a free AAC (Augmentative and Alternative Communication) talker app which has the following features;

It allows users to create sentences based on images with over 9000 pictures from ARASAAC. Users also can add new images & - amazingly - it doesn't require internet connection (apart from the initial download). The app offers voice support for images and sentences; is translated into 17 languages; is free but has in-app purchases

Platform: Android and iOS



8 – **Manus Line** is an app that offers educational and therapeutic exercises for kids with cognitive disorders. It was designed in partnership with Cognitive Disabilities Therapists & can be customized, having options for "silent" and "black and white" mode.

It is based on repeatable levels. The game provides many visual hints for helping users. The app is focused on developing many capabilities like eye-hand coordination, Fine Motor Skills, Attention and Spatial Orientation.

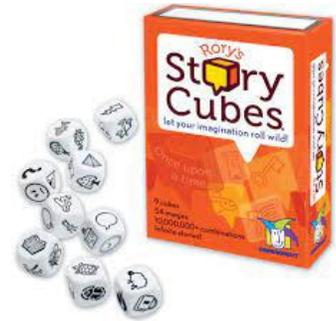
Platform: Android and iOS



9 - **Gross Motor Skills for Children with Down Syndrome Mobile Companion** - This lengthily named app is based on the "Gross Motor Skills for Children with Down Syndrome" book written by Patricia Winders. The app takes into account the differences between children with Down syndrome and typical kids.

It offers ideas for activities adapted for special kids. Users have the chance to save all the achievements as reminders for those efforts & encourages parents to forget about baby trackers and to focus on positive results.

7 - **Rory's Story Cubes**. Storytelling can be hard for those with special needs who struggle to think creatively and outside the box. But these little cubes make it easier. You simply roll the cubes like dice and tell a story based on whatever pictures face up. It enhances literacy, teaches cooperation and teamwork, and can be played solo. It's surprisingly addictive.



8 - **Connect Four** is a classic & simple & travels well. If you've got a logical thinker on your hands, they'll love it. The only requirement is to line up four of the same colors in the grid to "connect four." It takes patience and forward thinking, like chess but much simpler and faster. And chances are you already have it in your pile of games in the closet.

9 - **Cranium Cariboo**. This one's a fast game that focuses on building teamwork and social skills. Each game only takes about 10 or 15 minutes and kids learn numbers, colors, shapes and more as they pass the key and match pictures to collect all the treasure balls. This is the kid version of Cranium set on a tropical island and hunt for treasure.



Platform: iOS



10 - **Tuli Emotions** is an app created for ASDRA (Down Syndrome Association of Argentina). The app encourages kids to reveal their emotions based on real-life situations.

The images used in this app were drawn and colored handmade by an interdisciplinary volunteer team. Kids have to choose a photo which represents an emotion and to move it over the screen. The game continues until children select the right emotion for that specific image.

Platform: iOS



11 - **Running Social Story** is a mobile app created for parents who want to teach children when is safe to run and when it isn't. The app is based on a social story & includes visual hints for helping kids find the right answers. There are also explanations for the reasons why children are allowed to run or not in certain places.

Platform: iOS

12 - **CommBoards Lite** is an AAC Speech Assistance app that helps kids communicate with people around them in an easier way. The app is used by Speech-Language Pathologists (SLP) & is based on communication cards with symbols.



The app provides support for 5 languages. It also can work without an internet connection, so it can be used anywhere. All images are separated into certain categories like Eat, Drink, Feel, Play, Say Hello (To mom, dad, grandparents, etc). Parents can add new categories with pictures. Customers are able to use the microphone for recording sounds and to associate them with images.

Platform: Android



10 - **Hasbro Pie Face**. Each person spins a little wheel that tells them the number of times to crank the handle on the game, and then you sit back and laugh as people get splatted with whipped cream. It's a ton of fun, it's easy to play, and anyone can play.

11 - **Yeti in My Spaghetti** is a great game because it helps your child develop fine motor skills as they pull the pretend plastic, spaghetti threads out of the bowl, without the Yeti following in. This is a fun game!



12 - **Lucky Ducks - The Memory and Matching Game that Moves**. This matching game combines developmental skills for young children & offers all the benefits of a memory and matching game in a format that's easier for little fingers than cards. As a bonus, it helps kids with shape recognition and colors. Players take turns picking up a duck and looking at the color and shape; if it matches their color and shape they get to keep the duck. If it doesn't match, they put it back. The ducks continue to swim so it's more challenging than a traditional memory game, but easy enough for even the youngest duck lovers to play.



13 - **Speech Blubs** is a voice-controlled speech and language application. It is designed for children to learn new words and sounds and practise speaking in a stimulating educational environment.

It has more than 1,500 exercises and activities to help generate children’s first sounds and words. It is specially designed for children with speech delay, apraxia, autism, Down syndrome, ADHD and Sensory Processing Disorder.

At the end of each activity, you will find fun educational videos designed for children to engage in conversation. The app starts with a 7-day free trial period. You will get a report with personalized advice and unlimited access to all exercises. After this time, you will have to continue with the paid version.

Platform: Android and iOS



14 - **PictoBoard** is an application to improve speaking skills in people who are receiving speech therapy. It is especially indicated for children with aphasia, apraxia, autism spectrum disorders, Down syndrome, cerebral palsy and phonological disorders.

It is a highly customizable application that allows you to record your audios, create your animations from videos, pictograms and photos. It also has a good, intuitive interface with various functionalities for the child to keep their attention.

Platform: Android and iOS



15 – **PictoTEA** is a 100% free application, specially designed to help people with ASD, PDD or any condition that affects social and communication skills to communicate. It seeks to facilitate communication



13 - **Giant Kerplunk Game**. This is just a HUGE version of Kerplunk. When you play the giant-sized version of this longtime family favorite. Insert the sticks through the tube and pour the balls into the top. Then pick your stick and give it a soft tug—with steady nerves, a little skill, and just a bit of luck, you can keep the balls from going KerPlunk!

14 - **Pop the Pig**.

Redesigned in 2013 to make it easier for kids 4 and up to play, children can quickly reset this pig game with one pump of the pig’s head and experience consistent belly busting game-play each and every time. Pop the Pig provides hours of fun and is completely kid-powered (no batteries needed). For added convenience, all pieces can be stored inside the pig. For ages 4 and up. 2-6 players



15. **Bounce-Off Game**

Bounce-Off game is simple for everyone to understand and play. Whether you’re playing against others by bouncing balls in a race to match the card or the slightly more civilized turn-based play, Bounce-Off game is great fun.

with its environment through the use of digital pictograms.

It allows you to customize the application in 5 stages with different degrees of difficulty. In this way, as the child progresses in learning, he will use more pictograms, categories or even make sentences. The functionality to add your pictograms is also available.

Platform: Android and iOS



16 - **Sensory Fish** is a fun, entertaining and stimulating underwater sensory learning app. Sensory play is ideal for the continuous development of your children's motor skills and hand-eye coordination. This helps fine-tune motor skills and movements. It has also shown significant benefits in the learning and stimulation of children with autism, Down syndrome, and special educational needs.

With it, your child will experiment and educate himself using cause and effect techniques. As you touch the screen, you get instant feedback from vibration, sound effects, and bubbles. Over time, you will begin to understand that your touch also causes fish to swim to where you touch the screen. The child learns and adapts to his findings within the game.

Platform: Android and iOS



17 - **Jade** is an application to stimulate the development of autistic and Down syndrome children. The game, created by the father of an autistic child and computer science student, had the collaboration and approval of the APAE speech therapist, Adriana Malini.

The application has association games where the child must find the answers in the following categories: animals, food, colours, numbers,

16. **Hungry Hungry Hippos**

Hungry Hungry Hippos has been around for a LONG time. This is a great and easy game for children with Down syndrome (or really any kids) to play. A benefit of this game is that it helps your child learn to count, it helps them develop their fine motor skills as they pick up the marbles and place them in the launcher. Another great thing about Hungry Hungry Hippos is that it doesn't take all day to play. It's high energy, and the game is over quickly. A win, win.



17. **Perfection Game**

This specific version of Perfection is a smaller version, each makes it easier to play. There are fewer choices and the pieces are more recognizable (it includes ducks, flowers, etc.) You can play with, or without, the timer, but the timer helps them learn to accomplish tasks within a certain time frame.



18 **Children's yoga-**

Get some of your child's energy out with some daily yoga activities.



19 **Teach Your Monster**

Inspire learning with our magical reading and mathematics games for kids · Award winning educational games for children · Their games are

letters and shapes. In this way, reason and cognitive and logical development are stimulated.

Platform: Android



18 - **MITA** is a one-of-a-kind early intervention app for children with autism, developmental delay, and learning difficulties. It includes engaging, interactive activities designed to help children learn how to integrate multiple objects mentally.

The app assists with development in language, attention, and visual skills, each game is adaptable and provides exercises with the appropriate level of difficulty for the child, depending on their stage. Also, it has a simple and intuitive interface with beautiful illustrations that children will love.

Platform: Android and iOS



19 - **We read too** is an application for children from 3 to 6 years old or 4 to 12 years old with Down syndrome, autism or other types of intellectual disability to learn to read. It has been designed to adapt to the needs of children with cognitive disabilities or maturational delay to enhance their abilities.

It is aimed at children who may not understand abstract concepts, such as letters and syllables. For this reason, and for its ease of visual perception, the global reading method is perfect for them. It is a natural method that facilitates reading comprehension from the beginning and is based on the word's perception, accompanied by an image that shows its meaning. Part of the larger units, complete phrases and words, associated with a visual concept. And it continues with decoding these into smaller components like syllables and letters.

Platform: Android and iOS

available on all desktop & devices

<https://www.teachyourmonster.org/>

20 **Brain pop**

is offering free online access for families. As we all continue taking precautions during the spread of COVID-

19, BrainPOP is here to help you and your

curious learners stay informed and on-track.



<https://www.brainpop.com/>



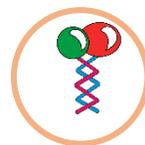
21 **Go noodle-**

Teachers trust GoNoodle to help their students stay active, focused, and calm while infusing good energy into their classrooms.

Now, with so many kids

home from school, we want to keep that good energy going with GoNoodle as a free online resource to provide ways for kids and families to move and learn together.

<https://www.gonoodle.com/>



21 WEBSITES: gives you some direction when trying to find out more on what Down Syndrome is & how to access support in NSW & Australia:

<https://www.ndis.gov.au/>

<https://www.downsyndrome.org.au/nsw/>

<https://www.ds-int.org/>

<https://www.down-syndrome.org/en-gb>

<https://www.swslhd.health.nsw.gov.au/carers/>



20 - **Visual reading** is a new generation educational platform specially designed for special education teachers and speech therapists. It is especially indicated for children with pervasive developmental disorders, autism, mental retardation, dysphasia, dyslexia, aphasia, speech disorders, Asperger's, Down syndrome and specific learning disorders.

The application helps to develop reading and writing and understanding of speech. Also, it is indicated to enrich the vocabulary and increase speech production and develop phonological awareness and verbal skills.

Platform: Android



21 - **Picasa**. This mobile learning platform is designed to create educational activities adapted for students with special educational needs. The system has been designed to meet users' functional diversity with special needs, mainly at the cognitive, visual and auditory levels. Also, it is a handy support tool for users with ASD, PDD or Down syndrome, among others.

Picasa incorporates five types of exercises: exploration, association, puzzle, order/selection and memory. These exercises are focused on developing memory, perception and discrimination, both visual and auditory, communication with the environment, acquisition and understanding of vocabulary, improvement of phonetics, eye-hand coordination and cause-effect learning.

Platform: Android and iOS

<https://www.sourcekids.com.au/>

<https://auslan.org.au/>

<https://kwsa.com.au/>

<https://brailleaustralia.org/>

<https://shinesensory.com.au/>

<http://www.downsyndromedaily.com/>

<http://www.globaldownsyndrome.org/>

<http://www.dadsnational.org/>

<http://www.disabilityscoop.com/down-syndrome/>

<https://www.worlddownsyndromeday.org/>

<https://www.imdsa.org/>

<https://www.gonoodle.com/>

<https://www.brainpop.com/>

<https://www.teachyourmonster.org/>

<http://www.cyberkidzgames.com/>

<http://www.speakaboos.com/>

Other Information

Below we have also compiled some details on Special Education schools in the RSF local area, downloadable educational resources & a list of useful websites. We hope you find something useful to assist you in your endeavours. Note we did not include any toys as there are many to choose from – for children with Down Syndrome – anything that is open play &/ or sensory is an excellent option, as are sensory boards (<https://shinesensory.com.au/>)

SPECIAL EDUCATION SCHOOLS IN THE CAMPBELLTOWN/ CAMDEN/ WOLLONDILLY AREA:

[https://www.google.com/search?tbs=lf:1,lf_ui:2&tbm=lcl&sxsrf=ALiCzsYu92r9L5j5s8FN-ngFOjzSKDdZMq:1654480851154&q=campbelltown+schools+for+down+syndrome&rflfq=1&num=10&sa=X&ved=2ahUKEwiPtK673Zf4AhUITGwGHSAaBrEQjGp6BAgNEAE&biw=930&bih=835&dpr=1.1#rifi=hd:;si:;mv:\[\[-34.0231129,150.8569425\],\[\[-34.1016384,150.7831597\]\];tbs:lrf:!1m4!1u3!2m2!3m1!1e1!1m4!1u2!2m2!2m1!1e1!2m1!1e2!2m1!1e3,lf:1](https://www.google.com/search?tbs=lf:1,lf_ui:2&tbm=lcl&sxsrf=ALiCzsYu92r9L5j5s8FN-ngFOjzSKDdZMq:1654480851154&q=campbelltown+schools+for+down+syndrome&rflfq=1&num=10&sa=X&ved=2ahUKEwiPtK673Zf4AhUITGwGHSAaBrEQjGp6BAgNEAE&biw=930&bih=835&dpr=1.1#rifi=hd:;si:;mv:[[-34.0231129,150.8569425],[[-34.1016384,150.7831597]];tbs:lrf:!1m4!1u3!2m2!3m1!1e1!1m4!1u2!2m2!2m1!1e1!2m1!1e2!2m1!1e3,lf:1)

[https://www.google.com/search?q=camden+schools+for+down+syndrome&biw=930&bih=835&tbm=lcl&sxsrf=ALiCzsZIntuds4Wmq8V7pVtfJ4-spEDjfa%3A1654481041964&ei=kWCdYpG5OoqOseMP3MqW-Ac&oq=camden+schools+for+down+syndrome&gs_l=psy-ab.3...4241.4394.0.4669.2.2.0.0.0.156.156.0j1.1.0...0...1c.1.64.psy-ab..1.0.0...0.AwKONgNZ5f0#rifi=hd:;si:;mv:\[\[-34.022120099999995,150.7720206\],\[\[-34.126605399999995,150.6706222\]\];tbs:lrf:!1m4!1u3!2m2!3m1!1e1!1m4!1u2!2m2!2m1!1e1!2m1!1e2!2m1!1e3,lf:1](https://www.google.com/search?q=camden+schools+for+down+syndrome&biw=930&bih=835&tbm=lcl&sxsrf=ALiCzsZIntuds4Wmq8V7pVtfJ4-spEDjfa%3A1654481041964&ei=kWCdYpG5OoqOseMP3MqW-Ac&oq=camden+schools+for+down+syndrome&gs_l=psy-ab.3...4241.4394.0.4669.2.2.0.0.0.156.156.0j1.1.0...0...1c.1.64.psy-ab..1.0.0...0.AwKONgNZ5f0#rifi=hd:;si:;mv:[[-34.022120099999995,150.7720206],[[-34.126605399999995,150.6706222]];tbs:lrf:!1m4!1u3!2m2!3m1!1e1!1m4!1u2!2m2!2m1!1e1!2m1!1e2!2m1!1e3,lf:1)

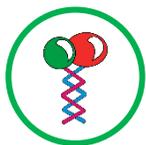
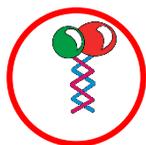
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DOWNLOADABLE EDUCATIONAL RESOURCES:

<https://www.down-syndrome.org/en-gb/resources>

<https://chatterpack.net/blogs/blog/resources-to-support-children-young-people-and-adults-with-down-syndrome>

<https://www.nccd.edu.au/professional-learning/classroom-adjustments-down-syndrome>



<https://www.twinkl.com.au/search?q=down+syndrome>

12 famous museums online Offer Virtual Tours:-

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

Podcasts:

Down Syndrome Radio - <http://www.downrightawesome.com/dsr>

Teach Me to Talk - <http://teachmetotalk.com/category/podcast/>

Apps for Children with Special Needs - <http://blip.tv/apps-for-children-with-special-needs/rss/itunes>

The Stand Up For Down's Low Down - <https://itunes.apple.com/us/podcast/the-stand-up-for-downs-low-down/id829348307?mt=2>



21 Blogs About Down Syndrome

1. Trisomy Twenty-ONEderful

<http://deartessa.com/>

Follow Tessa as she grows and read her mum's monthly letter to her! Also, get a parent's perspective on raising a child with a little something extra special.

2. Nick Special Needs

<http://nickspecialneeds.wordpress.com/>

Nick's world... Nick is a cool, funny guy who takes great pride in his work and making you smile. Oh and he has autism too.

3. Blessed By Leo

<http://blessedbyleo.blogspot.com/>

Life with Leo is shown through the eyes of a mom, a dad who is a teacher and musician, a teenage sister, and toddler brother.

4. Those Newmans

<http://barryandashley.wordpress.com/>

Struggling with infertility, our family forever changed after our first IVF cycle. Half way through our miracle pregnancy, we received a prenatal diagnosis of Down syndrome. Eli is our biggest blessing and we have been enhanced by him! Follow our journey: life, crafting, family.

5. Up The Down Staircase

<http://www.up--the--down--staircase.blogspot.com/>

Up-the-down-staircase shares our experience of raising a little boy with Down syndrome and how truly blessed we are.

6. A Beautiful Life: The Joy Of Raising A Child With Down Syndrome

<http://www.felixsmum.blogspot.com.au/>

Felix arrived, with a little something extra, and has completed our family so perfectly. My blog is about the joys of raising a child with Down Syndrome, and a few mentions of his 7 amazing siblings as well.

7. What A Difference A Day Makes

<http://up2thebrim.wordpress.com/>

The day our daughter Kiki was born, her unexpected diagnosis changed our world forever. Follow our family as we find joy in learning through life's beauty, bumps, and bruises.

8. Osoronut

<http://osoronut.blogspot.com/>

Our great adventure of raising our daughter with Down's has just begun... Can't wait to experience all the joy and love she will bring this world!

9. Jenson's Story: The Upside of Down's

<http://www.jensonsstory.blogspot.com/>

A story about my amazing son and how he has changed our family for the better. The blog charts our son's development, the impact of Down Syndrome on a sibling. It's a mother's perspective – honest and simple.

10. Wee Pie And Little Sweetie

<http://sweetieandwee.blogspot.com/>

In September 2011 we changed from just a boring, typical parents to the exciting life of a parents of a child with Down Syndrome. This blog is about our lives with our Wee Pie, Grayson, who was diagnosed with Down Syndrome at birth. And his typically developing older sister, Marloe, who is only 15 months older than him. Times are good, but boy are they hectic!

11. Nossa Vida com Alice (or Our life with Alice)

<http://nossavidacomalice.wordpress.com/>

An upbeat blog from **Brazil**, about raising a special needs baby, with warm stories and cool tips.

12. Cramming, Cooking, And Car Seats

<http://www.theswanbergfamily.blogspot.com/>

Follow our journey through newlywed life, medical school, and pregnancy/parenthood. Our daughter's extra chromosome makes us extra excited to meet her!

13. Our Dream Come True

<http://bakerisourdreamcometrue.blogspot.com/>

Our Dream Come True is the title of our blog, but also the title of our life. Every day I have the opportunity to love and be loved by the Lord, my handsome husband, and my sweet Baby Baker. Our journey is not perfect, or glamorous, but it's ours and it's a dream come true.

14. What's New With The W Family

<http://wnwtwf.blogspot.com/>

Ben is 4 and the youngest boy at our house. He works hard to try to keep up with his brothers, despite his diagnosis of Down syndrome. He loves to play sports, learn, sign and has been reading sight words since age two. We hope our blog can inspire others to that kids with Down syndrome can accomplish amazing things!

15. My Unexpected Little Blessing

<http://myunexpectedlittleblessing.wordpress.com/>

When I received Regan's diagnosis 8 months ago I found comfort and strength in Down syndrome blogs, and read them until I couldn't look at a computer any longer. Now that I have come to terms, and accepted this diagnosis, I wanted to Pay It Forward, if you will – attempt to help another family that may receive this diagnosis.

16. 4 Guys And A Lady

<http://www.4-guys.blogspot.com/>

Having a child with Down syndrome has been an epiphany. It has been a journey of transformation in which we have learned things we needed to know about ourselves, others, and the bond that connects us all. It is with gratitude that I am compelled to share our metamorphosis in the hopes that somewhere there will be others who also can "slip the surly bonds of earth and touch the face of God".

17. Noah's Ups and Downs

<http://noahsupsanddowns.blogspot.com/>

My blog tells Noah's story and his development. I try to focus on information that expecting mothers may be interested in if they get a prenatal diagnosis for their child.

18. The Future's Rosie

<http://www.thefuturesrosie.com/>

I'm Tom, a UK based thirty-something father to three beautiful children and husband to my soul mate Karen. I started this blog as a means to talk about stuff, get things out in the open, a bit like an online therapy I guess and to celebrate the progress of my beautiful daughter Rosie who was born in March 2011 with Down's Syndrome (DS) and a Complete Atrioventricular Septal Defect (AVSD).

19. The Lucky Ten Percent

<http://luckytenpercent.blogspot.com/>

Studies show that approximately 90% of women who receive a prenatal diagnosis of Down Syndrome choose to end their pregnancy. Our child is one of the lucky ten percent to be born. We want the world to know the blessing of raising a child with Down Syndrome. Then perhaps they will see that we are the lucky ten percent!

20. My Right Eye

<http://myrighteye.ca/>

Not specifically about Down syndrome, but more about someone with Down syndrome, his passion for photography and his capabilities rather than his challenges. Shortly the blog will be featuring other young adults with DS who love photography, with links to their own work.

21. The Mommy On a Mission

<http://www.themommyonamission.blogspot.com/>

I am a mom on a mission to share our story and educate others about our unique family. Our journey includes sweet Brinkley, our blessing with a little something extra, and Reese, our bi-racial son adopted from foster care.



"My face may be different, But my feelings the same. I laugh and I cry and I take pride in my gains"



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<https://therightstart.org/>



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